



Infant Feeding Requirements in the Child and Adult Care Food Program

- 1) **For all infants, between the ages of 8 through 11 months, which of the following food item(s) must be served for snack?**
 - a) 2 to 4 ounces of breast milk
 - b) 2 to 4 ounces of iron-fortified infant formula
 - c) 2 to 4 ounces of full strength fruit juice
 - d) Any of the above
- 2) **All institutions participating in the CACFP must offer Program meals to all eligible children, including infants, who are enrolled for care in their facilities.**
 - a) True
 - b) False
- 3) **If a mother nurses her own child, under what circumstances can the center be reimbursed for the meal?**
 - a) If the infant is over 3 months of age, is developmentally ready for solid foods, and if at least one other component is supplied by the center.
 - b) If the mother is also an employee of the facility and working at the time of the feeding.
 - c) Both A and B
 - d) Never. If a mother nurses her own child, the meal is not reimbursable.
- 4) **What is the maximum number of meals per child that may be claimed for reimbursement in one day?**
 - a) As many as the center serves per day.
 - b) 3 meals, one of which must be a snack.
 - c) 4 meals, as long as the child is in care for 8 hours or longer.
 - d) There are no limits.
- 5) **Which of the following food items is not required to be served to an infant ages 8 through 11 months for breakfast?**
 - a) Iron-fortified Infant Formula or Breast Milk
 - b) Iron-fortified Dry Infant Cereal
 - c) Egg Yolk
 - d) A fruit or vegetable item
- 6) **For breakfast, lunch, and supper either breast milk or iron-fortified infant formula or portions of both, must be served until children reach their first birthday.**
 - a) True
 - b) False

- 7) If a breast fed infant regularly consumes less than the minimum amount required, is the center still required to offer the minimum amount and throw the remaining away?**
- a) Yes
 - b) No
- 8) Snack for a 7-month-old (who is not developmentally ready to start solid foods) must contain:**
- a) 0-2 ounces of breast milk or iron-fortified infant formula
 - b) 1-3 ounces of breast milk or iron-fortified infant formula
 - c) 2-4 ounces of breast milk or iron-fortified infant formula
 - d) 4-6 ounces of breast milk or iron-fortified infant formula
- 9) All infant records must be maintained on file for how long after they are filed?**
- a) One month
 - b) Until the claim is paid
 - c) For three years beyond the year to which they pertain
 - d) Forever
- 10) Fruit juice should not be offered to infants until they are 10 months old.**
- a) True
 - b) False
- 11) Which of the following items is not part of the infant meal pattern for lunch or supper for an infant age 8 through 11 months?**
- a) Iron-Fortified Infant Formula
 - b) Iron-Fortified Infant Dry Cereal
 - c) Fruit or Vegetable item
 - d) Yogurt
- 12) Foods included in the infant meal must be:**
- a) approved in advance by the infant's parent.
 - b) pleasing to the infant's palate.
 - c) served at room temperature.
 - d) of a texture and consistency that are appropriate for the age of the infant being served.
- 13) If a parent declines to use the center-provided infant formula, may the meals served to that infant be claimed for reimbursement?**
- a) Yes
 - b) No
 - c) It depends. The meal is reimbursable provided that no other menu items are required in the meal pattern. If there are other menu items required, the center must provide at least one component in order to claim the meal for reimbursement.
 - d) I don't know

- 14) Only breast milk or iron-fortified infant formula is required for an infant between the ages of 0-3 months.**
- a) True
 - b) False
- 15) Institutions are discouraged from asking parents to sign something that shows that the parents of infants were offered at least one brand of infant formula.**
- a) True
 - b) False
- 16) For infant ages 4-7 months, breast milk or iron-fortified infant formula is required. Some infants may be developmentally ready for solids. Which of the following statements is true?**
- a) Meals are reimbursable when facilities serve only the meal components that the center can afford.
 - b) Meals are reimbursable only when facilities serve a fruit/vegetable component in addition to the breast milk or iron-fortified infant formula.
 - c) Meals are not reimbursable in this age group.
 - d) Meals are reimbursable when facilities serve all of the components in the meal pattern that the infant is developmentally ready to accept.
- 17) Institutions may choose whether or not they wish to offer infant formula or require parents to provide infant formula.**
- a) True
 - b) False
- 18) Solid foods should be introduced one at a time on a gradual basis with the intent of ensuring the infant's health and nutritional well-being.**
- a) True
 - b) False
- 19) (Finish this sentence) If the local agency wishes to claim reimbursement for meals provided to infants,...**
- a) there are no additional paperwork requirements.
 - b) meals must be documented in the main production record book for the center.
 - c) separate production records must be maintained on file for each infant meal.
 - d) the center must request a waiver from the state agency.
- 20) For infants, meals may include portions of breast milk and iron-fortified infant formula as long as the total number of ounces meets, or exceeds, the minimum amount required of this food component.**
- a) True
 - b) False

Your Name

Local Agency Name

Date